Congress ATTACHMENT AND TRAUMA

RELATIONSHIPS AND COMPASSION



Congress

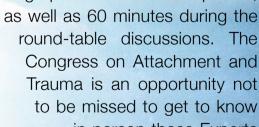
ATTACHMENT AND TRAUMA

RELATIONSHIPS AND COMPASSION

At this historic moment, Research on Attachment, Trauma and the human mind/brain functioning seems to be of crucial importance for billions of people. Every year, hundreds of studies bring to light new interesting findings and new insights, which slowly reveal new paths thoward helping people to overcome complex problems related to trauma and very negative early experiences.

The main goal of the Congress on Attachment and Trauma, whose past editions have been attended by more than 2,000 participants from over 40 countries, is to gather the best Experts in the fields of Attachment, Trauma, Neurophysiology, Mindfulness and Psychotherapy, to deeply understand the subtle links between experience, genetic predisposition, relationships and compassion, so as to generate in the clinical practice the necessary conditions for those who suffer,

to overcome their difficulties. In this Congress, participants will have 30 minutes time for asking questions to each speaker,



in person those Experts who are transforming the landscape of Psychotherapy and Mental Health, and their huge knowledge on these key topics.



VITTORIO GALLESE Italy

Professor at the Faculty of Medicine University of Parma, is the author numerous articles on mirror neurons and neurophysiology.

EMOTIONS IN ACTION. EMOTION REGULATION AND RECOGNITION IN TRAUMATIZED AND NEGLECTED YOUNG INDIVIDUALS..

According to a widely shared perspective, experiencing and expressing a given emotion are two different and independent processes. I'll proposean alternative perspective: the behaviour connected to a specific emotion is part of the emotion itself. In my talk I will present and discuss recent neuroscientific studies showing the link between emotion experience and expression. I will also present recent empirical research on the impact of trauma and neglect on emotion regulation and recognition in children and young adolescents.

References

Umiltà M.A., Wood R., Loffredo F., Ravera R., Gallese V. (2013) Impact of civil war on emotionrecognition: the denial of sadness in Sierra Leone. Frontiers in Psychology, 4, 00523, doi: 10.3389/fpsyg.2013.00523.

Ardizzi M., Martini F., Umiltà M.A., Ravera R. and Gallese V. (2013) WhenEarlyExperiencesBuild a Wall to Others' Emotions: An Electrophysiological and AutonomicStudy. PLoS ONE, published online 10 April 2013, doi: 0.1371/journal.pone.0061004.

Ardizzi M, Sestito M, Martini F, Umiltà MA, Ravera R, Gallese V. (2014) When Age Matters: Differences in Facial Mimicry and AutonomicResponses to Peers' Emotions in Teenagers and Adults. PLoS ONE 9(10): e110763. doi:10.1371/journal.pone.0110763.

TIMETABLE

Friday, SEPTEMBER 23rd	
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8.00-9.30	Registration
9.30-11.00	Allan Schore: "The development of the right brain across the
	life span: What's love got to do with it"
11.00-11.30	COFFEE BREAK
11.30-13.00	Vittorio Gallese: "Emotions in action. Emotion regulation
	and recognition in traumatized and neglected young indi-
	viduals"
13.00-14.30	LUNCH BREAK
15.00-16.30	Stephen Porges: "Connectedness as a Biological Impera-
	tive: Understanding the consequences of trauma, abuse, and
	chronic stress through the lens of the Polyvagal Theory"
16.00-16.30	COFFEE BREAK
16.30-18.30	ROUND-TABLE DISCUSSION. Allan Schore, Vittorio Gallese,
	Stephen Porges: "Love, Relationships and the Brain: trauma
	and its consequences"

Saturday, SEPTEMBER 24th

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8.30-9.30	Rachel Yehuda: "Can the effect of trauma be transmitted in-
	tergenerationally?"
9.30-11.00	Diana Fosha: "The Neurobiology of Healing: A Framework
	for Undoing Aloneness and Doing Transformational Work in
	AEDP"
11.00-11.30	COFFEE BREAK
11.30-13.00	Paul Gilbert: "Compassion focused therapy and the fears
	blocks and resistances to compassion"
13.30-15.00	LUNCH BREAK
14.30-16.00	Jon Kabat Zinn: "The Global Phenomenon of Mindfulness Be-
	coming Mainstream: Its Meaning, Its Promise, and Its Perils"
16.00-16.30	COFFEE BREAK
16.00-18.30	ROUND-TABLE DISCUSSION. Rachel Yehuda, Diana Fosha,
	Paul Gilbert: "Transgenerational trauma, Mindfulness, Com-

passion, and overcoming Trauma"

Sunday, SEPTEMBER 25th

Kathy Steele: "A Sickness of the Soul: Understanding and 9.30-11.00 Treating Chronic Shame" 11.00-11.30 COFFFF BREAK 11.30-13.00 Pat Ogden: "The Challenging Client: Cultivating the Body as Resource through the Lens of Sensorimotor Psychotherapy" LUNCH BREAK 13.00-14.30 14.30-16.00 **Daniel Siegel:** "The Embodied and Relational Mind in Psychotherapy: A view from the field of Interpersonal Neurobiology" **COFFEE BREAK** 16.00-16.30 16.30-18.30 ROUND-TABLE DISCUSSION. Daniel Siegel, Pat Ogden, Kathy

Steele: "Trauma, Emotion, Body, Relationships and Compassion"

LANGUAGE English

LOCATION Teatro Brancaccio, Via Merulana, 244 - 00185 Rome

FEE

- 420 euro
- 250 euro for university students

DISCOUNT

- 320 euro if pay within 15 of April
- 320 euro for who attented the Congress Attachment and Trauma of 2014 or 2015

REGISTRATION

To register visit the website www.italy-congress.com or ask the application form to: isc@istitutodiscienzecognitive.it

To register yourself, you should send the application form with a copy of the transfer receipt to isc@istitutodiscienzecognitive.it

Transfer to:

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Beneficiario Istituto di Scienze Cognitive srl

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In case of cancellation, announced by recorded delivery letter within 31 of May will be refunded 50% of the amount paid. After that date the full fee will be retained

INFO

Istituto di Scienze Cognitive Via Rolando, 16 - 07100 Sassari

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