The Middle Ages

By Rosa
"The Middle Ages was an exciting and colourful period of History".

And it certainly was! With castles from Cardiff, to Newcastle, even to Lewes! One of the things that made the medieval period set apart from the rest was its beautiful costumes. Although peasants & villeins wore warm clothes that were practical, Medieval Aristocrats always dressed in style. Ladies (as well as looking stylish) enjoyed hunting, or falconry both for sport and fresh meat.

Many people say that medieval fourteenth centuries were the start of fashion. Woman in the 14th century wore long-sleeved undergowns fitted to the hips and overgowns, woman's accessories included the belt chain. Woman kept purses under their gowns which had slits for the hands to pass through. Long-toed shoes (they looked like pixie shoes!) were a big fashion in medieval centuries. The woman's gown revealed the lacing of the brasserie. Steeple hat's were worn with it to compliment the outfit.
“Life was hard and dangerous. There was many diseases and many forms of cruel punishment.”

The kings wanted everyone to obey his laws so that all the people in England could live in peace. If a villager saw a criminal, he would raise the “hue and cry” – in other words, he would shout out at the tops of his voice for help. Everyone had to stop whatever they were doing and run to help catch the criminal.

There was certainly a lot of punishments in Medieval times. Like, on a market stall, if a fishmonger or butcher gave poor value he would be pulled through the market on a sledge, with a piece of stinking meat (for the butcher) or fish (for the fishmonger) around his neck.

Medical conditions were not the best, and life was very dangerous. As the populations of medieval towns and cities increased, hygienic conditions worsened, leading to a vast array of health problems. Medical knowledge was limited and, despite the efforts of medical practitioners and public and religious institutions to institute regulations, it was most likely that you would die if you ever got a virus/illness.
"The Middle Ages were peaceful but dull and uneventful"

Art and music were critical aspects of medieval religious life and, towards the end of the Middle Ages, secular life as well. Singing without instrumental accompaniment was an essential part of church services. Monks and priests chanted the divine offices and the mass daily. This was, however, the extent of Middle Age entertainment for the poor.

The rich however enjoyed Hunting, for wild boar, hawks and birds. This medieval tapestry shows a hunting scene.

All in all, medieval people left a very routine life. Villeins just got up, worked and then went to bed.
The Conclusion:

Although during the middle ages there were quite a few battles, & rebellions against monarchies, if you look at the bigger picture, The hundreds of years when nothing much happened , you realise that it was a fairly Uneventful period of history. It very much depended on which ‘class’ you were in on what type of life you lived in. Life would have been very hard for villiens, however pretty easy for The monarchy. Therefore you can not define which statement was true , only say that they all have truth in them.

The sources I used :
* [www.learner.org](http://www.learner.org)
* Timeline’s clothes
* Medieval Markets
* History of Britain
* [www.activehistory.com](http://www.activehistory.com)

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