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## Abbreviation Table

<b>Abbreviation</b>	<b>Term</b>
3RP	Regional Refugee and Resilience Plan
CEAS	Common European Asylum System
EU	European Union
LFIP	Law on Foreigners and International Protection
NGO	Non-Governmental Organization
PTSD	Post-Traumatic Stress Disorder
UNICEF	United Nations Children's Fund
UNCRC	United Nations Convention on the Rights of the Child
UNHCR	United Nations High Commissioner for Refugees
URM	Unaccompanied Refugee Minor































































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There is a need for continued research that not only looks at one specific risk to URMs during a stage of their journey, but the overall mental health risks of their displacement. As has been established, there are significant protection frameworks in place to ensure well-being, however gaps at each phase pose a risk to the vulnerable population of URMs. Many of the articles analysed for this research were either scientific studies or more policy and humanitarian based academic articles. The research above highlights the necessity of those two disciplines to work at conducting research with the effects to the other in mind. The data surrounding the specific mental health and psychological disorders facing URMs should lead to an impact of policy and humanitarian action or research and vice versa. The understanding of protection gaps or barriers to implementation of the necessary humanitarian action should be considered when analysing the existence of the mental health disorders being reported. Analysis highlighted an increase in URM specific literature surrounding mental health in recent years, however there is still limited literature which solely focuses on the risks and protection for URMs. Continued research which strives to collect and assess mental health and protection risks for URMs should be conducted to enhance protection frameworks. Additionally, research will need to be conducted in different regions, following additional migration paths to determine variations in protection gaps and mental health risks to different groups of URMs across the globe. Additional focus on the effective implementation of protection for URMs by cooperation between governments, NGOs, and mental health professionals throughout the pre-displacement, transit, and arrival phases can mitigate risks and ultimately lead to better overall protection for URMs and their mental health.











